

Health Matters

Synthetic immunology: New approach to prevention

Synthetic immunology, an innovative field of research which could lead to fundamentally new approaches and methods in the treatment of infectious diseases and cancer, is the topic of a recently published article. Herein, Heidelberg researchers Prof. Dr Kerstin Göpfrich, Prof. Dr Michael Platten, Prof. Dr Friedrich Frischknecht, and Prof. Dr Oliver T. Fackler describe a so-called bottom-up approach that uses the toolbox of nanotechnology and synthetic biology to construct systems from molecular building blocks and specifically equip them with immune functions. The experts in the fields of synthetic biology, neuroimmunology, parasitology, and virology conduct research at Heidelberg University, the Heidelberg and Mannheim University Hospitals, the German Cancer Research Centre, and the Max Planck Institute for Medical Research. In the new bottom-up approach in synthetic immunology, complex immune functions are no longer created by modifying existing cells or molecules, but rather originate from molecular building blocks like nanoscale components or artificial cells assembled into



complex systems. The process is based on technologies and techniques from synthetic biology such as the design of proteins and peptides, polymer synthesis as well as DNA/RNA modification and DNA/RNA origami -- the three-dimensional "folds" of DNA or RNA strands - to produce functional nanostructures. As the authors discuss in their article in the Perspectives section of Nature Nanotechnology, the new bottom-up approach in synthetic immunology is expected to allow for unparalleled precision and control in shaping immune functions.

By manufacturing immune components from the ground up, immune responses can be custom-engineered with great specificity and efficiency. This opens up groundbreaking approaches in the development of new therapies and vaccines that circumvent the constraints of traditional approaches, like unwanted side effects or time-limited efficacy. The Heidelberg researchers believe that the bottom-up approach not only promises improved therapeutic approaches and methods but can also push the future boundaries of what is possible in the treatment of complex illnesses.

The further development of this research field could lead to the development of completely synthetic immune effectors that, according to the vision, could then prevent and treat diseases. "We are facing a turning point in the treatment and prevention of infectious diseases and cancer. The synergies between synthetic biology and immunology open up a number of possibilities that could one day create a completely new basis for how we deal with disease," states Prof. Göpfrich.

The elimination of damaged cell components is essential for the maintenance of the body's tissues and organs. An international research team led by the University of Bonn has made significant findings on mechanisms for the clearing of cellular wastes, showing that strength training activates such mechanisms. The findings could form the basis for new therapies for heart failure and nerve diseases, and even afford benefits for manned space missions.

Muscles and nerves are long-lasting, high-performance organs whose cellular components are subject to constant wear and tear. The protein BAG3 plays a critical role in the elimination of damaged components, identifying these and ensuring that they are enclosed by cellular membranes to form an "autophagosome". Autophagosomes are like a garbage bag in which

cellular waste is collected for later shredding and recycling. The research team led by Professor Jörg Höfheld of the University of Bonn Institute of Cell Biology has shown that strength training activates BAG3 in the muscles. This has important ramifications for cellular waste disposal because BAG3 has to be activated to efficiently bind damaged cell components and promote membrane envelopment. An active elimination or clearing system is essential for the long-term preservation of muscle tissues. "Impairment of the BAG3 system does indeed cause swiftly progressing muscle weakness in children as well as heart failure - one of the most common causes of death in industrialised Western nations," Professor Höfheld explains.

The study was conducted with significant involvement by sports physiologists of German Sport University Cologne and the University of Hildesheim. Professor Sebastian Gehlert of Hildesheim emphasizes how important the findings are: "We now know what intensity level of strength training it takes to activate the BAG3 system, so we can optimize training programs for top athletes and help physical therapy patients build muscle better." Professor Gehlert also makes use of these findings to support members of the German Olympic team.

Not only active in the muscles. Mutations in BAG3 can lead to a nerve disease known as Charcot-Marie-Tooth syndrome (named after the discovering scientist). The disease cause nerve fibers in the arms and legs to die off, leaving the individual unable to move his or her hands or feet.

Strength training activates cellular waste disposal

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Vital role of vaccination in preventing diseases

Dr Spoorthi Arun, Internal Medicine, Promed Hospital

August marks an important period for public health as it is recognized as National Immunization Awareness Month (NIAM). This annual observance plays a crucial role in highlighting the significance of vaccination and promoting vaccine awareness across all age groups. With the goal of educating the public on the importance of immunization, NIAM aims to ensure that everyone understands the benefits and necessity of keeping up with their vaccinations.

Why National Immunization Awareness Month Matters

National Immunization Awareness Month is celebrated to draw attention to the crucial role that vaccines play in safeguarding individual and community health. Vaccines are one of the most effective tools available to prevent a variety of serious and potentially deadly

diseases. By promoting vaccine awareness, NIAM encourages people to stay up-to-date with their immunization schedules and to understand the broader impact of vaccines on public health. The observance of NIAM is essential for several reasons: Prevention of Disease Outbreaks: Vaccinations protect against infectious diseases that can lead to outbreaks if left unchecked. By ensuring high vaccination rates within communities, we can prevent the spread of diseases and protect vulnerable populations.

Protection Across the Lifespan: Immunization is not limited to childhood. Adults also need vaccines to maintain their health and prevent diseases such as influenza, pneumonia, and shingles. NIAM highlights the need for ongoing vaccination throughout life.

Building Herd Immunity: When a large portion of the community is vaccinated, it creates herd immunity, which protects those who cannot be vaccinated, such as individuals with certain medical conditions or allergies. NIAM helps reinforce the importance of vaccination for achieving this collective protection.

Combating Misinformation: In the era of misinformation, it's vital to provide accurate and reliable information about vaccines. NIAM serves as a platform to dispel myths and provide evidence-based facts about the safety and efficacy of vaccines. The importance of immunization cannot be overstated. Vaccines save millions of lives each year by preventing diseases that can lead to severe health complications, hospitalizations, and even death. Here's why immunization is crucial: Disease Prevention: Vaccines protect against numerous infectious diseases, including measles, polio, hepatitis, and HPV. By receiving

vaccines, individuals protect themselves from these diseases and contribute to the overall health of their community. Reduction in Healthcare Costs: Preventing diseases through vaccination helps reduce healthcare costs associated with treating illnesses, managing long-term health complications, and handling disease outbreaks. Improved Quality of Life: Immunization helps maintain a good quality of life by preventing diseases that can lead to chronic health issues, disabilities, and diminished life quality.

Eradication of Diseases: Vaccination programs have been instrumental in eradicating diseases such as smallpox and significantly reducing the incidence of others, such as polio and measles. **Key Vaccines for All Ages** Vaccination is crucial at every stage of life. During National Immunization Awareness Month, it's important to review recommended vaccines for different age groups: **Infants and Children:** Vaccines are critical for infants and children to protect against diseases like measles, mumps, rubella, whooping cough, and diphtheria. The early years of life are when children receive a series of vaccines to build immunity.

Adolescents: Teenagers benefit from vaccines such as the HPV vaccine, which helps prevent certain cancers, and the Tdap booster for protection against tetanus, diphtheria, and pertussis. **Adults:** Adults need vaccines too, including those for influenza, shingles, and pneumococcal disease. It's also important for adults to keep up with booster shots and catch up on any missed childhood vaccines. **Older Adults:** As people age, their immune systems may weaken, making vaccines even more important. Vaccines for influenza, pneumococcal disease, and shingles are particularly important for older adults to prevent serious illnesses.

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and Molecular Biology at Penn State and co-author on the paper. "In the broader context of aging, neurological decline is one of the biggest co-factors of being unable to age healthier. The benefits of understanding and treating metabolic decline in neurological disorders will impact not just those who are diagnosed, but our families, our society, our entire economy."

Alzheimer's disease is the most common type of dementia, an umbrella term that refers to all age-associated neurodegenerative disorders, McReynolds explained. In 2023, as many as 6.7 million Americans were living with Alzheimer's disease, according to the Centers for Disease Control and Prevention, and its prevalence is expected to triple by 2060.

"Inhibiting this enzyme, particularly with compounds that have been previously investigated in human clinical trials for cancer, could be a big

step forward in finding ways to protect our brains from the damage caused by aging and neurodegeneration," said Katrin Andreasson, the Edward F. and Irene Pimley Professor of Neurology and Neurological Sciences at the Stanford University School of Medicine and the study's senior author. Alzheimer's disease affects the parts of the brain that control thought, memory and language, the result of progressive and irreversible loss of synapses and neural circuitry.

Cancer drug helps treat Alzheimer's: Study

A type of drug developed for treating cancer holds promise as a new treatment for neurodegenerative diseases such as Alzheimer's, according to a recent study by researchers at Penn State, Stanford University and an international team of collaborators. The researchers discovered that by blocking a specific enzyme called indoleamine-2,3-dioxygenase 1, or IDO1 for short, they could rescue memory and brain function in models that mimic Alzheimer's disease. The findings suggest that IDO1 inhibitors currently being developed as a treatment for many types of cancer, including melanoma, leukemia and breast cancer, could be repurposed to treat the early stages of neurodegenerative diseases - a first for the chronic conditions that lack preventative treatments.

"We're showing that there is high potential for IDO1 inhibitors, which are already within the repertoire of drugs being developed for cancer treatments, to target and treat Alzheimer's," said Melanie McReynolds, the Dorothy Foehr Huck and J. Lloyd Huck Early Career Chair in Biochemistry

and Molecular Biology at Penn State and co-author on the paper. "In the broader context of aging, neurological decline is one of the biggest co-factors of being unable to age healthier. The benefits of understanding and treating metabolic decline in neurological disorders will impact not just those who are diagnosed, but our families, our society, our entire economy."

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INDOSTAR HOME FINANCE PRIVATE LIMITED
 Registered Office - Unit No. 305, 3rd Floor, Wing 2/E, Corporate Avenue, Andheri/Ghatkopar Link Road, Chakala, Andheri (East), Mumbai 400093

Notice under Section 13 (2) of Securitization and Reconstruction of Financial Assets and Enforcement of Security Interest Act, 2002

INDOSTAR HOME FINANCE PRIVATE LIMITED has sanctioned home loan/mortgage loan/construction loan to the following borrowers against mortgage of residential premises. The repayment of the said loans were irregular and the accounts are finally classified as Non-Performing Asset in accordance with directions and guidelines of National Housing Bank/RBI.

INDOSTAR HOME FINANCE PRIVATE LIMITED has therefore invoked its rights and issued a notice under section 13(2) of the SARFAESI ACT, 2002 and called upon the borrowers to repay the total outstanding mentioned against respective borrowers within 60 days from the date of the demand notice. The following borrowers are hereby called upon by this publication to pay the total dues mentioned against them plus further charges & interest accrued till payment within 60 days from the date of the said demand notice, failing which IHFPL shall resort to all or any of the legal rights to take possession of the properties, dispose/sale it and adjust the proceeds against the outstanding amount.

The borrowers are also restrained from alienating or creating third party interest on the ownership of the properties.

Sr. No.	LOCATION LOAN ACCOUNT NUMBER	NAME OF BORROWER/ CO-BORROWERS/ GUARANTOR	DATE OF DEMAND NOTICE SENT	AMOUNT AS PER DEMAND NOTICE	DESCRIPTION OF PROPERTY
1.	SALEM LNSALOHL-12190012714	PRABHU SUBASH (BORROWER) KANNAGI PRABHU (CO-BORROWER)	21-AUG-2024	Rs.412041/- (Rupees Four Lakh Twelve Thousand Fourty One Only	All That Piece And Parcel Of The Property Bearing Natham Survey No - 302/1, As Per The Subdivision Natham Survey No. - 726/14, Measuring An Extent Of 1189 Sq. Feet, Situated At Kedhunaiken-pattupudhur Village, Pappireddipatti Sub Reg Office, Kedayampatti Taluk, Salem District, Tamil Nadu - 636354 Which Is Bounded As Under: East: House Of Gopal Reddy, West: House Of Amutha, North: Thar Road, South: Street
2.	TIRUPUR LNTI00HL-12100202434	GURUNATHAN KALIMUTHU (BORROWER) SARANYA GURUNATHAN (CO-BORROWER)	21-AUG-2024	Rs.1095345/- (Rupees Ten Lakh Ninety Five Thousand Three Hundred Fourty Five Only	All That Piece And Parcel Of The Land In Tiruppur Registration Dist. Avinashi Sro, Avinashi Taluk, Kalipalayam Village Panchayath, Kalipalayam Village, S. F. Nos. 421/1a, 422/1a, 295/1e With Larger Extent Modified Into Several House Sites Namely 'Guruvayappan Nagar Viruvu East 'A' Group Layout In Bearing Site No. 175 On Eastern Portion An Extent Of 550 Sq. Ft. Situated At Within The Sub-Registration District Of Avinashi And Registration District Of Tiruppur Land Which is Bounded As Under: East: 40ft North-South Layout Road, West: Site No. 175, North: Site No. 176 On One Portion, South: Site No. 174 On One Portion Measurements: East-West On Both Sides 25ft, North South On Both Sides 22ft, In Between This Land Measuring 550sq. Ft.
3.	DHARAMAPURI LNLALAP-10230036191	SUDHA GOPI (BORROWER) GOPI (CO-BORROWER)	21-AUG-2024	Rs.674794/- (Rupees Six Lakh Seventy Four Thousand Seven Hundred Ninety Four Only	All That Piece And Parcel Of The Property Bearing Sy No - 169/1part In This Sub Division Sy No - 330/12, Measuring An Extent Of 65 Sq. Meter Of Land, Situated At Marandahalli Village, Palacode Taluk, Dharmapuri District - 636806 Which Is Bounded As Under: East: Street, West: Government Purambokki Land, North: Land Belongs To Mr. Karunanithi In Sy. No. 330/11, South: M. Senthilathi To Almarapathi Tar Road Measurements: East To West On North Side: 30.42 Feet, East To West On South Side: 30.42 Feet, South To North On East Side: 23 Feet, South To North On West Side: 23 Feet, Total Extent: 699.66 Sq. Feet Or 65 Sq. Meter

PLACE: -SALEM, TIRUPUR, DHARAMAPURI
 DATE : 29.08.2024

Sd/- Authorized Officer
 For IndoStar Home Finance Private Limited

Kotak Mahindra Bank Limited Online E - Auction
 Registered Office: 27 B/C, 2nd Floor, Block, Bandra Kurla Complex, Bandra (e) Mumbai, Maharashtra. Pin Code-400 051 Branch: Kotak Mahindra Bank Ltd. - No.1050, 2nd Floor, Srinivas Bavan, Avinashi Road, Coimbatore-641018.

Sale Notice For Sale Of Immovable Properties

E-Auction Sale Notice For Sale Of Immovable Assets Under The Securitization And Reconstruction Of Financial Assets And Enforcement of Security Interest Act, 2002 Under Rules 8(5) And 8(6) Of The Security Interest (Enforcement) Rule, 2002. Subsequent To The Assignment Of Debt In Favour Of Kotak Mahindra Bank Limited By 'bajaj Finance Limited (Hereinafter Referred To As 'BFL') The Authorized Officer Of Kotak Mahindra Bank Limited (hereinafter Referred To As 'THE BANK/ KMBL/SECURED CREDITOR') Has Taken The Possession Of Below Described Immovable Property (hereinafter Called 'The Secured Asset') Mortgaged/charged To The Secured Creditor On 19.12.2023.

Notice Is Hereby Given To The Borrower (s) And Guarantor (s) In Particular And Public In General That The Bank Has Decided To Sell The Secured Asset Through E-auction Under The Provisions Of The Sarfaesi Act, 2002 On 'as Is Where Is', 'as Is What Is', And 'whatever There Is' Basis For Recovery Of Rs.36,03,914/- (Rupees Thirty Six Lakh Three Thousand Four Hundred And Fourteen Only). Outstanding As On 27.08.2024 Along With Future Applicable Interest Till Realization, Under The Loan Account No. 4p9blsax436052; Loan Availed By Mr. B. Mushtaq Ahmed, Mrs. Zaheda Mushtaq Ahmed, Mr. Shabeer Ahmed Basheer Ahmed & Mrs. Riyana As Per Below Details

Particular	Detail
Date Of Auction	03.10.2024
Time Of Auction	Between 12:00 Pm To 1:00 Pm With Unlimited Extension Of 5 Minutes
Reserve Price	Rs. 26,00,000/- (Rupees Twenty Six Lakh Only)
Earnest Money Deposit (EMD)	Rs. 2,60,000/- (Rupees Two Lakh Sixty Thousand Only)
Last Date For Submission Of Bid With Key	01.10.2024 UP TO 5:00 P.M. (IST)

Description Of The Secured Asset: All That Piece And Parcel Of Mortgage Property Old Natham S.No. 944/1, As Per Sub-division S.No. 944/1, As Per Sub-division S.No. 944/43, Heclare 252 In This For An Extent 2335 1/2 Sq Ft Of Land, Rcc Building In Door No. 12/300, In Dharmapuri District, Dharmapuri Registration District, Palacode Sro., Palacode Village. "D" Schedule Mushtaq Ahmed Property Boundaries: East: Hussen Property, West: Sabeer Ahmed Property, North: Road, South: Abdul Kadhar Property, East West Northern Side 27 Feet, East West Southern Side 27 Feet, North South Eastern Side 43 1/2 Feet, North South Western Side 43 1/2 Feet, Measuring Of 1167 1/2 Sq.ft. "g" Schedule Sabeer Ahmed Property Boundaries: East: Mushtaq Ahmed Property, Westroad, Northroad, South:abul kadhar Property, East West Northern Side 27 Feet, East West Southern Side 27 Feet, North South Eastern Side 43 1/2 Feet, North South Western Side 43 1/2 Feet, Measuring Of 1167 1/2 Sq.ft. Totally Measuring Of 2335 1/2 Sq.ft

Known Encumbrances:- NIL

The Borrowers' Attention Is Invited To The Provisions Of Sub Section 8 Of Section 13, Of The Act, In Respect Of The Time Available, To Redeem The Secured Asset, Borrowers In Particular And Public In General May Please Take Notice That If In Case Auction Scheduled Herein Falls For Any Reason Whatever Then Secured Creditor May Enforce Security Interest By Way Of Sale Through Private Treaty, In Case Of Any Clarification/requirement Regarding Assets Under Sale, Bidder May CONTACT Mr. Mr. Velmurugan Kathirvel (+919884718338), Mr. Mr. Vignesh S (+91 9092919036), Bidder May Also Contact The Bank's Ivr No. (+91-9152219751) For Clarifications. For Detailed Terms And Conditions Of The Sale, Please Refer To The Link <https://www.kotak.com/en/bank-auctions.html>. PROVIDED IN THE BANK'S WEBSITE I.E. <http://www.kotak.com/AND/OR ON http://bank.auctions.in/>

Authorized Officer,
 Kotak Mahindra Bank Limited

Place : Dharmapuri, Tamil Nadu Date: 29.08.2024

Altum Credo HOME FINANCE PVT. LTD.
 Regd. Office: CTS No. 107/41, Plot No. 426/1, Gokhale Road, Model Colony, Shivajinagar, Pune - 411016, MAHARASHTRA.

APPENDIX IV - POSSESSION NOTICE (For Immovable Property)

The undersigned being the authorized officer of Altum Credo Home Finance Pvt Ltd. (ACHFL), Under the Securitization and Reconstruction of Financial Assets and Enforcement of Security Interest Act, 2002 ("SARFAESI ACT, 2002") and in exercise of powers conferred under Section 13(12) read with Rule 3 of the Security Interest (Enforcement) Rules, 2002 ("Enforcement Rules"), Demand Notice(s) issued by the Authorized Officer of the company to the Borrower(s)/ Co-Borrower(s) and Guarantor(s) (collectively referred to as the "Borrowers") mention herein below to repay the amount mentioned in the notice within 60 days from the date of receipt of the said notice. The borrowers having failed to repay the amount, notice is hereby given to Borrowers and the public in general that the under signed has taken symbolic / physical possession of the property described herein below in supersede of powers conferred upon him under Sub-section(4) of Section 13 of the said act read with Rule 8 of the Security Interest Enforcement rules, 2002. The borrower's attention is invited to provision of sub-section (8) of section 13 of the Act, in receipt of time available, to redeem the secured assets. The borrowers in particular and the public in general are hereby caution not to deal with the property and any dealings with the property will be subject to the charge of ACHFL for an amount mention herein under with the interest thereon.

Sr. No.	Name of Borrower(s) Co-Borrower(s) / Guarantor(s) & Loan A/c No.	Date of Demand Notice & Amount (in Rs.)	Date of Possession
1	1. Mr. Meenamankandan R Alias Mr. Meenamankandan Rathanasamy (Applicant) Mrs. Vasantha Rathanasamy (Co-Applicant) LAN: S127205000005	11-06-2024 Rs. 9,08,698/- (Rs. Nine Lakh Eight Thousand Six Hundred and Ninety Eight Rupees Only) as on 31-05-2024 NPA: 31-05-2024	27-08-2024
2	1. Mr. Senthikumar Murgesan (Applicant) 2. Mrs. Dharani S Alias Mrs. Dharani Annamalai (Co-Applicant) LAN: S126204100049	11-06-2024 Rs. 5,54,400/- (Rs.Five Lakh Fifty Four Thousand and Four Hundred Rupees Only) as on 31-05-2024 NPA: 31-05-2024	28-08-2024

Description of Secured Asset: All that piece and parcel of the Property bearing Plot No S16 No 43 Part, one part, Total Admeasuring area 1108 Sq.ft, Survey No 277, T.S. No. 7-5A, 7-5BP, Old ward-O, old block-11, New T.S no 59/0, Ward - 0, Block-81, Tirupur Village, Tiruppur Corporation, Perichipalayam, South, Ooroundur Nagar, Tiruppur Regd. District.Tiruppur Joint No -II SRO is bounded as: On and Towards East: Sappam Schedule Land; On and Towards West- Site No - 43, Part Belongs to Chellamuthu, Rangasamy; On and Towards South- Colony Land; On and Towards North- 10 Ft Wide East West Road, North- East West 5.715 mtr; South-East West 5.029 mtr; East- South North 18.821 mtr; West- South North 19.507 mtr; Total: 102.93 Sq.mtr (1108 sq.ft).

Statutory Notice to Borrowers / Co-Borrowers and Guarantors
 Borrower(s) / Co-Borrower(s) and Guarantor(s) are hereby put to caution that the property may be sold at any time hereinafter by way of public auction / tenders and as such this may also be treated as a notice under Rule 6, 8 & 9 of Security (Interest) Enforcement Rules, 2002.

Sd/-
 Date: 29-08-2024
 Place: Tiruppur & Erode, TN
 Altum Credo Home Finance Pvt. Ltd. (ACHFL)