

ADITYA BIRLA HOUSING FINANCE LIMITED ADITYA BIRLA CAPITAL Registered Office: Indian Rayon Compound, Veraval, Gujarat 36226 Branch Office: Aditya Birla Housing Finance Limited, G-Corp Tech Park, 8th Floor, Ghodbunder Road, Next to Hyper City Mall, Thane [W] - 400 607

SALE NOTICE

[RULE 9(1) OF SECURITY INTEREST (ENFORCEMENT) RULES 2002] SALE BY PRIVATE TREATY OF IMMOVABLE ASSET CHARGED TO ADITYA BIRLA HOUSIN FINANCE LIMITED UNDER THE SECURITISATION AND RECONSTRUCTION OF FINANCIA ASSETS AND ENFORCEMENT OF SECURITY INTEREST ACT 2002. ("SARFAESI ACT") The undersigned being the Authorized Officer of Aditya Birla Housing Finance Limited (hereinaft ferred to as "ABHFL") has taken the physical possession of the immovable property being "AI referred to as "ABHFL") has taken the physical possession of the immovable property being "All That Piece And Parcel Of Flat No. 401 Admeasuring 327.01 Sq. Ft. Carpet Area, On Fourth Floor In Wing No. F, Type B-1 Building No. 1, In The Building Known As Tulip, In The Complex Known As "Yashvant Sankalp" Constructed On Land Bearing Survey No. 50/2, 51/1, 51/2, 51/3, 51/4, 51/5, 51/6, 52/1, 52/2, 53, 54, (A) And Plot No. 1, Area Admeasuring 7424.25 Sq. Mtrs., And (B) Plot No. 2 Area Admeasuring 4624.50 Sq. Mtrs., Situated At Village Saravali, Taluka Palghar, District Palghar, Within The Area Of Sub-Registrar Palghar, Taluka Palghar, District Palghar, Boisar West, Thane, Maharashtra 401501: "(hereinafter referred to as "Secured Asset") under Section 13/(4) of the Securitization & Perconstruction of Einacid Assets Assets. cured Asset") under Section 13(4) of the Securitization & Reconstruction of Financial Assets ar Consumers Section (34) of the Section Indicated in Accommodation of Security Interest Act, 2002 (Interinating referred to as "SARFAESI Act, 2002") which stood secured in favor of ABHFL towards financial facility, its outstanding dues of **Rs. 16,28,160**/ (Rupees Sixteen Lakh Twenty Eight Thousand One Hundred Sixty Only) as On 10.02.2023 and further interest and other expenses incurred thereon till the date of realization to the Borrowers/Co-Borrowers VIJAY GOPAL HARMALE & VIKRANTI VIJAY HARMALE (hereinafter referred to as "Borrowers/Co-Borrowers").

That on failure of the public auctions/e-auctions of Secured asset the undersigned is enforcing i security interest against the said Secured Asset by way of sale through private treaty under the provisions of SARFAESI Act, 2002 and rules framed thereunder. The Authorized Officer has re eived an expression of interest from a prospective purchaser towards purchase of the aboveme tioned Secured Asset. Now, the Authorized Officer hereby giving the Notice to sell the aforesaid Secured Asset by Private Treaty in terms of Rule 8 and 9 of the Security Interest (Enforcement) Rules 2002. The Sale will be effected on "AS IS WHERE IS BASIS", "AS IS WHAT IS BASIS" and "WHATEVER THEREIS BASIS" on or after 14-08-2024, for recovery of Rs. 16,28,160/-(Rupees Sixteen Lakh Twenty Eight Thousand One Hundred Sixty Only) as On 10.02.2023 due to ABHFL from the Borrowers/Co-Borrowers. The reserve price of the Secured Asset is fixed at INR 7.50.000/- (Rupees Seven Lacs Fifty Thousand only).

The Borrowers/Co-Borrowers are hereby informed that all the requisitions under the provisions SARFAESI Act, 2002 and the Security Interest (Enforcement) Rules, 2002 have been complied with, and ABHFL is now under the process of enforcing its security interest by effecting sale of the Secured Asset as mentioned herein by way of private treaty as prescribed under the provisions of Rule 8 (5) of Security Interest (Enforcement) Rules, 2002.

Further the Borrowers/Co-Borrowers attention is invited to provisions of sub-section (8) of Sectio 13 of SARFAESI Act, 2002 in respect of time available, to redeem the said Secured Asset.

Place: MUMBAI

Sd/- Authorized Office Aditva Birla Housing Finance Limite

E-Tender Notice MAHAGENCO

Chandrapur Super Thermal Power Station MAHAGENCO, invites bid offers from reputed and experienced Companies to Participate in the Competitive bidding Process to following O&M Tenders

- S. Tender NO (Rfx No) / Descricption / Estimated Cost in N. Rs.
- 1 BMI / Rfx No. 3000050521 / Work of replacement of APH shell mother plate and strengthening of support beams of U3 APH A&B (Total 2 no of APH) and re-application of insulation / Rs.16430808/-
- 2 TIC-A / Rfx No.3000050498 / Procurement of Neoprene Rubber Diaphragm & Power Cylinder Seal Kits for U-3&4, 210 MW & WTPI, CSTPS, Chandrapur / Rs.1677270.27/-
- 3 BM-II / Rfx No. 3000050528 (Refloated) / Work for removal of clinkers from 09 mtr elevation of Boiler Furnace in Unit-5,6 &7 at CSTPS, Chandrapur / Rs.2947886/-
- 4 BM-II / Rfx No.3000050542 (Refloated) / Procurement of bracing pipes/internal supports of various sizes for flue gas ducts for Unit-6 COH at CSTPS Chandrapur Rs.2152500/-Above floated tender published in MAHAGENCO online

Portal. For the detailed Tender document, interested bidders should visit SRM Website https://eprocurement. mahagenco.in for (Sr. No. 01 to 04) For any query Contact No. 8554991818. Sd/-

CHIEF ENGINEER (O&M) CSTPS, CHANDRAPUR

झारखण्ड सरकार क्षेत्र सर्वेक्षण प्रमण्डल, अग्रिम योजना, पथ निर्माण विभाग, दुमका।

अति अल्पकालीन ई—प्रोक्योरमेंट सूचना

ई-- निविदा प्रसंग सं0 :- RCD/FSD / AP/ DUM/07/2024-25 दिनाकः 23.07.2024 Consultancy Services for Preparation of Detailed Project Report (DPR) for Construction of High Level Bridge over unbridge gap at chainage 1.315th Km of Link road of Mohanpur (Jaipu More) to Agriculture college upto Bihar Border road at Deoghar District in the state of Jharkhand including its approaches, Land कार्य का नाम acquisition proposal with ownership details Resettlement and Rehabilitation proposal forest diversion proposal including clearance of all stages etc as required if any . अनुमानित लंबाई (मीटर . कार्य समाप्ति की अवधि वेबसाईट पर निविदा प्रकाशित होने की तिथि एवं समय 05.00 बजे अपराहर 25.07.2024, निविदा जमा करने की अंतिम 01.08.2024. 12.00 बजे अपराहन तक निविदा खोलने की तिथि एवं 02.08.2024, 01.00 बजे अपराहर समय हार्यपालक अभियंता का कार्यालय, क्षेत्र सर्वेक्षण प्रमण्डल नाम एवं पता भग्रिम योजना, पथ निर्माण विभाग, दुमका। संपर्क नं0 ई—प्रोक्योरमेंट सेल को हेल्पलाईन नं0

अतिरिक्त जानकारी के लिए वेबसाईट पर देखें :–http://jharkhandtenders.gov.in कार्यपालक अभियता.

क्षेत्र सर्वेक्षण प्रमण्डल, अग्रिम योजना, पथ निर्माण विभाग, दुमका। PR 330407 (Road) 24-25 (D)

Loan Account Nos.

Name of the Borrower(s) /

DEBTS RECOVERY TRIBUNAL-1 MUMBAI

(Government of India, Ministry of finance) 2nd Floor, Telephone Bhavan, Colaba Market, Colaba,

Mumbai-400005 (5th Floor, Scindia Flouse, Ballard Estate, Mumbai-400001)

T.A. NO. 493 Of 2023

Indian Overseas Bank V/S

Jorss Bullion Private Limited & Ors. ...Defendant

DEFENDANT PUSHPAK BULLIONS PRIVATE LIMITED 905/906, 9TH FLOOR, JEWEL WORLD, COTTON EXCHANGE BUILDING. ZAVERI BAZAR KALBADEVI ROAD, MUMBAI-00002

NOTICE

TAKE NOTICE that the OA No. 164/2017 between you and above parties pending in the DRT-I, MUMBAI was transierred to DRT-II MUMBAI and registered as TA NO. 624/2022 on the file of DRT-II MUMBAI and again it has been transferred to this Tribunal and registered as TA No. 493/2023 on the file of this Tribunal. Therefore you are hereby directed to appear before I.d. Registrar, DRT-I MUMBAI either in person or through Advocate duly instructed on 30/10/2024 at 12.00 Noon. Take Notice that in case of default of your appearance on the day mentioned hereinabove, the proceedings shall be heard and decided in your absence.

Given under my hand and the seal of this Tribunal on this 5th day of July 2024.

Registrar, Debts Recovery Trihunal-I, Mumbai

Exh-28

Sd/-

...Applicant

Viaharashtra-State Infrastructure Development Corporation Ltd. CIN - U43900MH2023SGC412992 Head Office: B/13, 13th Floor, Bakhtawar Building, 229, Nariman Point Mumbai - 400 021 • Ph. No.: 022-20822684 / 022-20822685

Expression of Interest (EOI)

Maharashtra-State Infrastructure Development Corporation Ltd invites Expression of interest for the appointment of advisory services for project review, financial modelling, Financing plan preparation, Risk analysis and Mitigation, Resource mobilization, preparation of transaction documents and associated services. For expected Debt, RFP will be issued subsequently.

Interested parties can submit proposals with following.

- 1. SEBI registration
- 2. An outline of qualifications that might be relevant. 3. Description of past experiences which could be considered
- pertinent.

Details are as follows: -

- 1. Date of Issue of EOI: 24/07/2024 Time: 10.30 Hrs.
- 2. Last date of submitting the EOI: 30/07/2024 Time: 16,00 Hrs. Submission of EOI is in MD office, Mumbai.

No. MSIDC/Mumbai/238/2024

Chief Engineer, MSIDC, 4th floor,

Bandhkam Bhavan, Fort, Mumbai Date: 23/07/2024

Sd/-Engr. R. R. Hande Chief Engineer, **MSIDC Mumbai**

kotak®

KOTAK MAHINDRA BANK LIMITED

Corporate identity No. L65110MH1985PLC038137
Registered office: 27BKC, C 27, G Block, Bandra Kurla Complex, Bandra (E), Mumbai-400 051, MH.
Regional Office: Adamas Plaza 4º Fir. 166/16, CST Road, Kolivery Vill. Kunchi Kurve Ngr., Nr. Hotel Hare Krishna Santacurz (E), Mumbai-400 098, MH

PUBLIC NOTICE FOR AUCTION CUM SALE

1. Ms. Pallavi Dalmia (Borrower), 2. Mr. Vipul Dalmia (Co-Borrower / Guarantor).

lease treat this as a fresh notice which is hereby given to the public in general and in particular to the Borrower / Co-Borrower / Guarantor tha he below described immovable property mortgaged to the Authorised Officer of Kotak Mahindra Bank Ltd., the Physical Possession of This below described immovable property mortgaged to the Authorised Officer of Kotak Mahindra Bank Ltd., the Physical Possession of This been taken by the Authorised Officer of Kotak Mahindra Bank Ltd., will be sold on "AS IS WHERE IS", "AS IS WHAT IS" and WHATEVER THERE IS" basis, offers are invited to submit online through the Web Portal of our e-Auction Service Partner, M/s. C1 India Pvt td. i. e. www.c1india.com by the undersigned for sale of the immovable property of which particulars are given below:-

HF37267977, CRN - 30482345

3. Mrs. Vinita Dalmia (Co-Borrower / Guarantor) Guarantor(s) / Mortgagor(s): Demand Notice Date & Amount 14.02.2022 & ₹ 66,15,922.57 (Rs. Sixty Six Lakhs Fifteen Thousand Nine Hundred Twenty Two & Paisa Fifty Seven Only) as on 11.02.2022 [13 (2) Notice Date & Amount] : **Description of Property** Reserve Price (In ₹) Earnest Money Deposit (In ₹) roperty No. 1 :- All that piece and parcel of Property bearing ₹ 2,46,13,200/- (Rs. Two Crore Forty ₹ 24,61,320/- (Rs. Twenty Four Lakhs . 2101, Sai Sapphire, Adi Sankaracharya Marg, Six Lakhs Thirteen Thousand Two Sixty One Thousand Three Hundred & illage Chandivali, Powai, Mumbai-400 076. Twenty Only) Hundred Only) Date of Inspection of Immovable Properties Date / Time of Auction 16.08.2024 from 02.00 p. m. to 03.00 p. m. 06.08.2024 from 11.00 a. m. to 12.00 Noon Last Date for Submission of Offers / EMD **Bid Incremental Amount** ₹ 1,00,000/- (Rs. One Lakh Only) 14.08.2024 till 05.00 p. m.

MPORTANT TERMS & CONDITIONS OF SALE: () The Auction is conducted as per the further **Terms and Conditions** of the Bid document and as per the procedure set out therein. Bidders may go The Action's Conducted as per use produced as per use produced as per use produced as a conduction of the following the website of our E-Auction Service Provider, M/s. C1 India Pvt. Ltd. i.e. https://www.bankeauctions.com_ for bid docume the details of the secured asset put up for e-Auction and the Bid Form which will be submitted online;

2) All the intending purchasers / bidders are required to register their name in the Web Portal mentioned above as https://www.bankeauctions.cor and generate their User ID and Password in free of cost of their own to participate in the e-Auction on the date and time aforesaid; () For any enquiry, information, support, procedure and online training on e-Auction, the prospective bidders may contact th

M/s. C1 India Pvt. Ltd. Department of our e-Auction Service Partner Mr. Vinod Chauhan, through Tel. No.: +91 7291971124, 25, 26, Mobile No.: 9813887931 & E-mail ID: delhi@c1india.com & support@bankeauctions.com;) To the best of knowledge and information of the Authorised officer, there is no encumbrance in the property/ies. However, the intending bidder

may inspect the property and its documents as mentioned above or any other date & time with prior appointment and they should make their own independent inquiries regarding the encumbrance, title of property/ies put on e-Auction and claims / right / dues / affecting the property prior to submitting their bid. The e-Auction advertisement does not constitute any commitment or any representation of KMBL. The property is being sold with all the existing and future encumbrances whether known or unknown to KMBL. The Authorised officer / Secured Creditor shall not be responsible in any way for any third party claims / rights / dues;

(https://www.bankeauctions.com) the details of payment of interest-free refundable Earnest Money Deposit (EMD) of the secured asset as mentioned above by way of Demand Draft in favour of 'Kotak Mahindra Bank Limited' payable at Mumbai along with self-attested copies of the PAN Card, Aadhaar Card, Residence Address Proof, Board Resolutions in case of company & Address Proof as specified above

The Borrower (s) / Mortgager(s) / Guarantor(s) are hereby given STATUTORY 15 DAYS NOTICE UNDER RULE 6 (2), 8 (6) & 9 (1)
OF THE SARFAESI ACT to discharge the liability in full and pay the dues as mentioned above along with upto date interest and expenses ithin Fifteen days from the date of this notice failing which the Secured Asset will be sold as per the terms and conditions mentioned above. In asse there is any discrepancy between the publications of sale notice in English and Vernacular newspaper, then in such case the English newspape vill supersede the vernacular newspaper and it shall be considered as the final copy, thus removing the ambiguity. If the borrower / guarantors nortgagers pay the amount due to Bank, in full before the date of sale, auction is liable to be stopped.

nor detailed terms and conditions of the sale, kindly visit our official website https://www.kotak.com/en/bank-auctions.html or contact the collection Officer Mr. Ismail Deshmukh @ 9324906979 Email ID : Ismail.Deshmukh@kotak.com or Mr. Kanhyasham Gupta @ 8369156909, mail ID : kanhyasham.Gupta@kotak.com and / or Mr. Ashok Motwani @ 9873737351, Email ID : ashok.motwani@kotak.com at abov entioned Regional / Registered Office of Bank.

pecial Instruction: - E-Auction shall be conducted by our Service Provider, M/s. C1 India Pvt. Ltd. on behalf of Kotak Mahindra ank Limited (KMBL), on pre-specified date, while the bidders shall be quoting from their own home / offices / place of their Bid as per their hoice above the Reserve Price. Internet connectivity and other paraphernalia requirements shall have to be ensured by bidders themselves. Please note that failure of Internet connectivity (due to any reason whatsoever it may be) shall be sold responsibility of bidders and neither KMBL nor M/s. C1 India Pvt. Ltd. shall be responsible for these unforeseen circumstances. In order to ward-off such contingent situation, bidders are equested to make all the necessary arrangements / alternatives whatever required so that they are able to circumvent such situation and still be able participate in the e-Auction successfully. However, it is requested to the Bidder(s) not to wait till the last moment to quote / improve his / her Bid avoid any such complex situations.

Authorized Office Date: 23.07.2024 For Kotak Mahindra Bank Limited

THE NATIONAL CO-OP.BANK LIMITED

Regd. Office: 214,Raheja Centre, Free Press Journal Marg, Nariman Point, Mumbai 400021 Recovery Dept: Plot No-8C, 1st Floor, sector-13, Khanda Colony, New Panvel- 410 206 Email address: recovery@ncbmumbai.com Phone no. (022) 27458628

NOTICE OF AUCTION SALE

Sale by Public Auction under Securitization and Reconstruction of Financial Assets and Enforcement of Security Interest Act, 2002 and the Rules mad there under, of the below mentioned property (secured asset) mortgaged by M/s Rushabh Developers, Prop. Mr. Deepak Kantibhai Shah in favour of the "The National Co-op. Bank Ltd"; as a security for the advances granted to M/s Rushabh Developers, Prop. Mr. Deepak Kantibhai Shah for the recovery of Rs. 5,80,08,702/- (Rupees Five Crore Eighty lakhs Eight Thousand Seven Hundred Two only) as on 30.06.2024 together with further interes w.e.f. 01.07.2024 and the cost, charges and expenses, till recovery of entire loan dues. The Bank is having physical possession of the said secured

Description of Property		Reserve Price in Rs.	Earnest Deposit	Date & Time Of Inspection & Auction and Place		
SurveyNo.52 (old),	Shop No-5 Area: 205 sq.ft. BUA	9,99,375.00	99,938.00	Inspection Date: 08.08.2024 11.00 a.m		
206(New); HissaNo. 23+26, 22,16, Village Narangi, ground floor,Sai Paradise Chs Ltd, A-Wing,Virar - East, Tal-Vasai, Dist-Palghar.	Shop No-6 Area: 240 sq.ft. BUA	11,70,000.00	1,17,000.00	to 5.00 p.m. AND Auction Date: 13.08.2024 at 11.30 a		
	Shop No-7 Area: 250 sq.ft. BUA	12,18,750.00	1,21,875.00			
	Shop No-8 Area: 205 sq.ft BUA	9,99,375.00	99,938.00	onwards		
	Shop No-9 Area: 270 sq.ft. BUA	12,15,000.00	1,21,500.00	AT		
	ShopNo-10 Area:270 sq.ft. BUA	12,15,000.00	1,21,500.00	THE NATIONAL CO-OP BANK LTD, Sho No-1 & 2, Ground Floor, Royal Cottage		
	ShopNo-11 Area:205 sq.ft. BUA	9,99,375.00	99,938.00	CHS Ltd. Kasturba Cross Road No-2.		
	ShopNo-12 Area: 260 sq.ft. BUA	12,67,500.00	1,26,750.00	Borivali (East), Mumbai-400 066.		
	ShopNo-13 Area: 485sq.ft. BUA	23,64,375.00	2,36,438.00			
	TOTAL Area of 9 Shops 2390sq.ft. BUA	1,14,48,750.00	11,44,877.00			

Name & Addresses of the Borrowers & Guarantors; M/s, Rushabh Developers (Prop. Deepak Kantibhai Shah) Address; Shop No 2. Tiwai Estate, opp. Parekh Industrial Estate, Behind Ganpati Mandir, V.S.Marg, Virar (E), Dist Palghar 401305) Guarantor: Mr. Shatrughan Motilal Vishwakaram Address: 203/204 Building No 1, Ekvira Darshan , Ranle Talav, Near Vatsalya Hospital , Opposite Manvelpada Road, Virar (E), District –Palghar 401305 2) Guarantor : Mr. Cedric Baptista Rebello Address :Mukkam Kedar Nandakhal , Near Church Kedar Kobhare

Agashi, Virar (W) District: Palghar 401301
Place of Auction: THE NATIONAL CO-OP BANK LTD, Shop No-1 & 2, Ground Floor, Royal Cottage CHS Ltd, Kasturba Cross Road No-2, Boriva (East), Mumbai-400 066 Email: recovery@ncbmumbai.com. TERMS AND CONDITIONS:-

1. The Bid form and the terms and conditions of the sale can be obtained from Bank's Registered office situated at Plot No..8-C, Sector -13, 1st Floor, Khanda Colony, New Panvel (West), Navi Mumbai -410 206. on any working days between 11.00a.m.and 4.00 p.m.

2. The Bidder will have to participate in person for the bid on the day of auction and the Bid in sealed envelope along with EMD mentioned here-in-above by way of RTGS/NEFT or Pay order/Demand Draft of any Nationalized or Scheduled Bank drawn in favour of The National Co-op. Bank Limited payable at Mumbai, should reach to the Authorized Officer at The National Co-op. Bank Ltd., Registered office situated at Plot No..8-C, Sector -13, 1st Floor, Khanda Colony, New Panvel (West), Navi Mumbai -410 206 before 5.00 p.m. on or before 12.08.2024. The Bid without EMD and/or below the Reserve Price will not be entertained. The sealed envelopes of Bid will be opened at the place and time of the auction more on the authority/Roard Resolution.

. Any person participating in the Bidding process on behalf of another person or a Corporate Entity must produce a written authority/Board Resolutic anted by the bidder in his/her favour. The Bidder will have to submit self attested photo copy of KYC documents like Pan Card/proof of residence and one Pass Port size photograph alor

vith the Bid and shall submit originals for verification at the time of auction.

The sale of property will be strictly on "AS IS WHERE IS BASIS AND AS IS WHAT IS BASIS" and the intending bidders may make their own

nquiries as regards any claim, charges, taxes, levies, dues and/or any other liability accrued against the property, if any and the same shall be borne by e successful bidder. The present accrued liabilities on the property are not known to the Bank.

The bidding in the auction process will start from the highest Bid Amount received by the Authorized Officer and thereafter bidder will be allowed to shance Bid by minimum of Rs.10,000/- (Rupees Ten Thousand only).

7. The successful bidder will have to pay 25% of the bid amount (Inclusive of EMD) immediately upon acceptance of his Bid i.e. on the same day or no later than 5.00 p.m. of the next working day and balance amount within 15 days from the date of Auction.

8. In case of successful bidder fails to pay the 25% of the bid amount as mentioned in clause (7) above, the earnest money deposited by him shall be forfeited and the sale shall be treated as cancelled. Similarly, Bank shall forfeit the 25% of the bid amount if the bidder fails to pay the balance 75%

nount within 15 days from the date of Confirmation of sale. an On confirmation of sale, pursuant to compliance of the terms of the payment, the Authorized Officer will issue Certificate of Sale in favour of the successful Bidder as per Security Interest (Enforcement) Rules 2002 and the successful Bidder will bear all taxes, stamp duty, Registration fees, and

incidental expenses for getting the Sale Certificate registered in the name of successful bidder. The Authorized Officer will hand over the possession of the subject property only on receipt of the entire bid amount.

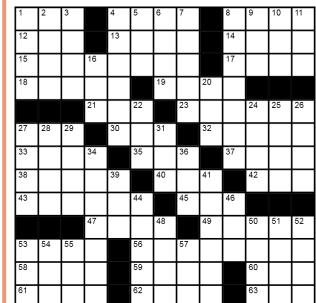
10. The Authorized Officer reserves the right to accept or reject any offer/bid or postpone/cancel the auction without assigning any reason and also

odify the terms and conditions of sale without prior notice . Encumbrances not known to the Bank

12. The intending bidders can contact the Authorized Officer, Mr.Balasaheb K.Pandharkar attached to the The National Co-op. Bank Ltd. on Telephor Nos. 022-27458628 for having details of the property.

Authorized Officer Place: Mumbai Attached to: The National Co-op. Bank Ltd

Crossword #1209



- Across
- 1 Benedictine monk 4 Plan detail
- 8 Motion picture 12 Integrated Modular Avionics
- 13 Hankering 14 Understanding term? (1,3)
- 15 Good-bye (Japanese) 17 ___ out : put into order?
- 18 "Cigar" anagram for a man's name?
- 19 Flying saucers 21 Lower limb 23 Mangoes or apples?
- 27 Girl's name 30 Female pig
- 32 Not narrow 33 Pop drink
- 35 Roman bronze 37 Volcano in Sicily

38 Imprint

40 Label 42 ___ for it : invite trouble? 43 Comment

45 Animal sanctuary in Gujarat

- 47 Oodles 49 Mexican money
- 53 Fever 56 Acquiring, appropriating or
- confiscating 58 Bean curd
- 59 Empty space
- 60 Tenth month, in short 61 Heath 62 Recedes like the tide

63 Not elsewhere specified, abbr.

1 Flat plate Mr Abdullah of J&K Central American Indian people

Beige

Down

- Scorches School grp.
- 7 Husks of grain 8 Crack 9 Prefix meaning "equal"
- 10 Gaelic sea god 11 Came across
- 16 Fluid lubricant 20 A globe or sphere 22 Panaji is its capital
- 24 Least amount 25 Beats or thrashes, a slang usage 26 Mt. Rushmore's state (1,3)
- 27 State dissolved in 1991 28 Observe or examine 29 The first man 31 Soaked
- 34 Unpaid player 36 Hang loosely 39 In favour of 41 Two-footed animals 44 Jack

46 King in Latin

57 Point of a pen

- 48 Elitist 50 The city of Jerusalem 51 Formerly 52 Army three-stripers in short?
- 53 Air Traffic Mgmnt. 54 Sticky substance 55 Alien vehicle

YOUR DAY By Vinayak Vishwas Karandikar

ARIES: You will be forced to keep your feet out of the house today. Expect expenditure for education. People in fields like tourism.

sciatica.

TAURUS: Today is the day to take care of health. You may spend on premium or repair work. People in fields like consultancy and communication will get success. III health of family members is indicated. You may experience

shipping and import-export will do well. A

family tour is indicated. Some people may suffer from



GEMINI: Today is the day to work and travel. Control your words today. Expect expenditure for business. People in fields like education or tourism will get success. You will successfully manage business and family life.



CANCER: Today is a day to earn and progress in your career. You may spend money on travel and education. People in fields like tourism and education will benefit. You may attend a religious activity. Some people may

suffer from muscle pain.

LEO: Loss is indicated today, so take decisions wisely. Expect expenditure on premiums and travel. People in fields like law and construction will get success. There may be a dispute with family members. Some people may



VIRGO: Today is a day for study and travel. Expect expenditure for business expansion. People in fields like education and travel will get success. You may attend a religious

activity. You may have breathing trouble.

FPJ - SUDOKU - 100

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7	2						1	2

9 7 9 8 6 8 6 7 9 7 1 2 1 8 6 E 968972 8 5 3 7 8 2 7 9 9 6 1 7 9 8 4 WHAT TO DO: Fill in the grid so that every row, every col-

LIBRA: Today is a day for ill health or loss.

education and medicine will be benefited.

SCORPIO: It's a day for meditation. You may

spend money on children or entertainment.

People in fields like finance and share

members is indicated. Some people may suffer from

trading will do well. Dispute among family

SAGITTARIUS: It's a day for study and to

renovation. People in fields like education

CAPRICORN: Keep your feet outdoors

children. People in fields like tourism and

communication will benefit. Foreign travel or

AQUARIUS: Today is a day to study and be

today. Expect expenditure for travel or

hospitalisation of family members is indicated. Some

with family. People in fields like

your home. Some people may suffer from muscle

consultancy and education will be

successful. Maternal relatives may visit

PISCES: It's a day to take initiative in your

career. People in education and counselling

will be benefited. It may be difficult to spare

work. Expect expenditure for travel and

people may suffer from ear problems.

take care of health. You may spend on house

and law will benefit. III health or dispute with

Expect expenditure for health or

Dispute with or ill health of father or spouse is indicated.

Some of you may have inflammation.

family member is indicated.

throat pain.

pain.

communication. People in fields like

umn and every 3x3 box contains the digits 1 to 9. Every puzzle has only one correct solution.

Solution

25 Tans, 26 5 Dak, 27 Ussr, 28 Note, 29 Adam, 31 Wet, 34 Amatteur, 36 Sag, 39 Pro, 41 Bipeds, 44 Knave, 46 Rex, 48 Snob, 50 Sion, 51 Once, 52 Sgrs, 53 ATM, 54 Goo, 55 Ufo, 57 Nib. Down: 1 Disc, 2 Omar, 3 Maya, 4 Singes, 5 PTA, 6 Ecru, 7 Chaff, 8 Fissure, 9 Iso, 10 Ler, 11 Met, 16 Oil, 20 Orb, 22 Goa, 24 Iota,

Across: 1 Dom, 4 Spec, 8 Film, 12 IMb, 13 Itch, 14 I see, 15 Sayonata, 17 Sort, 18 Craig, 19 Ufos, 21 Leg, 23 Fulis, 27 Una, 30 Sow, 32 Stamp, 40 Tab, 42 Ask, 43 Remark, 45 Gir, 47 Tons, 49 Pezos, 23 Ague, 56 Annexing, 58 Toth, 59 Youid, 60 Oct, 61 Moor, 62 Ebbs, 63 NES.

Ayurvedic way of life

guiding

Light

yurveda means the science of longevity. It is a holistic approach to our health and life. Ayurveda makes the lifestyle aligned with the seasons and the specific context of the person. The healer in the traditions makes the patient follow the 'pathya' and 'a-pathya', and and laziness. Rajas or Rajasika is the with inherent sincerity and seriousness. For those yet to be

on-boarded, the above two concepts refer to — to followed/consumed/performed and that to be abjured/avoided/pro-

scribed. Ayurveda hovers around the notion of tri-doshas, and Vata,

is the air element. Pitta is the digestive juices related. Kapha is the and discussed. phlegmatic in nature. The basic postulate of Ayurveda is, we have three Vata which is the airy nature is very important to our existence. Pains in different parts of the body are due to micro level life style. Balance stays. imbalance of Vata. Pitta disturbance causes digestive disturbances and acidity issues. Kapha causes the cough/cold related issues, and associated deposits or permeation causing 'liquid infusions'.

In life too we have three gunas. For balanced life, they have to be in balance. Sattva, Rajas, and Tama are the three gunas, each with specific characteristics.

Tama or tamas meaning darkness is the quality of slowness, meanness, quality of action, anger, and revenge. Comparatively Sattvic or Sattva means pure, light,

and least perturbed. We have all three and we need all three. We need Rajasika for various action situations. We need Tamasika to be fronted in some low action or laid back

demanding situations. Pitta and Kapha are these three. Vata Sattva is required when introspection, nuancing have to be explored

It is known that in the balance that our life exists and flourishes. Balance qualities and we need all the three. is the essence, and consciously we need to adopt the same in all walks of life at macro level, and incorporate in

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TAROT MESSAGE FOR THE DAY QUEEN OF PENTACLES

Today, you will spend time in nature, be resourceful, nurture yourself and others.

Financial transactions will be a focus. You will balance work and personal life well. A successful woman will help you. Fertility will be a focus.

Tip for the day: Focus on the image and say, "Money miracles begin now" 21 times.



Lots of divine miracles your way, Sheetal Sapan Mhatre.